



2026 Over the Counter (OTC) **Catalog**



Provider Partners Health Plans are Health Maintenance Organization (HMO) Special Needs Plans (SNP) with Medicare contracts. Enrollment in Provider Partners Health Plans depends on contract renewal.

H4439_OTC26_C

2026 OTC Benefits

Over-the-Counter Benefits Catalog



How do I order?

Order by Phone:

800-405-9681 | TTY 711

Hours of Operation:

October 1 – March 31
8 AM – 8 PM Daily

April 1 – September 30
8 AM – 8 PM M–F

Allow up to 14 business days for your product(s) to arrive. Your order will be applied to the benefit period in which your completed order form is received.

What is my allowance?

With the Provider Partners membership you can get up to:

- **Provider Partners North Carolina Advantage Plan**

\$300 allowance every quarter

- **Provider Partners North Carolina Community Plan**

\$150 allowance every quarter

- **Provider Partners North Carolina Essential Plan**

\$180 allowance every quarter

- Allow up to 14 business days for your product(s) to arrive.
- Your order will be applied to the quarter that your order is received in.
- You must use your quarterly benefit amount in one order.
- Any unused benefit expires at the end of the quarter and can not be carried over to the next quarter.

We're here to help.

Whether you have questions or need a little extra guidance, we're just a phone call away.

800-405-9681 | TTY 711

Hours of Operation:

October 1 – March 31
8 AM – 8 PM Daily

April 1 – September 30
8 AM – 8 PM M–F

Useful Information

- We strive to maintain sufficient stock of all items, however if your item is not in stock a similar item of equal or greater value may be substituted in your order.
- OTC products are intended for member use only to help with a health or medical need.
- Due to the personal nature of these products, returns are not accepted.
- If you receive a damaged item, please call the customer service team on the number listed above within 30 days.
- Products may be substituted throughout the year and pricing may vary accordingly.
- OTC items are available to be delivered to the permanent address on file. Products may not be purchased at a local retail pharmacy or through any source other than the Provider Partners benefit channels listed above. OTC items may be purchased only for the member and are limited to one order every quarter. Members are eligible to use the full quarterly allowance anytime throughout the quarter.

Notices

The items covered by the benefit are limited to items that are consistent with CMS guidance in the most recent version of Chapter 4 of the Medicare Managed Care Manual. OTC items require a provider's recommendation for a specific, diagnosable condition and are permitted in accordance with your long-term care facility's guidelines. Visit www.pphealthplan.com to see our list of covered Over-the-Counter items. Please check with your Provider Partners Care Team before ordering items in the catalog. For more information on your OTC catalog benefit, please refer to the Provider Partners OTC vendor.

800-405-9681 | TTY 711

Hours of Operation:

October 1 – March 31
8 AM – 8 PM Daily

April 1 – September 30
8 AM – 8 PM M–F

Table of Contents

First Aid	6
Home Diagnostics	7
Home Health Care	7
Incontinence	8
Medications Over The Counter	11
Mobility & Accessibility	12
Personal Care	13
Physical Therapy	15
Protection Wear	15



Product Number	Product	Description	Price
3611	Adhesive Bandages	Adhesive Fabric Bandages Sterile, 3/4" x 3" (100EA/BX)	\$2.02
3619	Adhesive Bandages	Adhesive Fabric Bandages Knuckle Sterile, 1 1/2" x 3" (100EA/BX)	\$3.85
3617	Adhesive Bandages	Adhesive Fabric Bandages Fingertip Sterile, 1 3/4" x 2" (100EA/BX)	\$3.82
3634	Adhesive Bandages	Sheer Plastic Adhesive Bandages Sterile, 2" x 4 1/2", 24/50/Cs	\$3.21
3615	Adhesive Bandages	Butterfly Wound Closure Sterile, 3/8" x 1 13/16" (100EA/BX)	\$1.63
1185	Antibiotic Ointments	Triple Antibiotic Ointment, 1 oz tube	\$2.26
1932	Arm Sleeve	SkinProtekt Geri-Sleeve, Large, 25pr/cs	\$95.88
3663	Elastic Bandages	Elastic Bandages, 3", 5/10/Cs	\$22.10
3662	Elastic Bandages	Elastic Bandages, 2" (10EA/BX)	\$3.64
3661	Elastic Bandages	Elastic Bandage with Self-Closure, 6" x 5yds (10EA/BX)	\$10.14
3562	Heavy-Duty Tapes	Cloth Surgical Tape, 1" x 10 yds (12EA/BX)	\$9.32
1113	Isopropyl Alcohol	Alcohol Prep Pad Sterile, Medium, 10/200/Cs	\$1.69
1114	Isopropyl Alcohol	Alcohol Prep Pad Sterile, Medium (100EA/BX)	\$0.98
3434	Non-Adherent Dressings	Non-Adherent Pads Sterile, 3" x 4" (100EA/BX)	\$6.28
3343	Sponges	Surgical Gauze Sponge Sterile 2's, 4"x 4" 12 Ply, 24/25 (25EA/PK)	\$1.98
3573	Transparent Tapes	Surgical Gauze Sponge Sterile 2's, 4"x 4" 12 Ply, 24/25 (25EA/PK)	\$8.03

HOME DIAGNOSTICS

Product Number	Product	Description	Price
5613	Forehead Thermometers	Non-Contact Infrared Thermometer	\$41.60
5610	Oral Thermometers	Economy Digital Thermometer, 12/Box	\$2.38
5611	Oral Thermometers	Digital Thermometer - Flexible Tip	\$3.25
7028	Pen Needles	Pen needles, 32G, 4mm (100EA/BX)	\$8.78
36400	Pulse Oximeters	Fingertip Pulse Oximeter, 10/cs	\$34.58

HOME HEALTH CARE

Product Number	Product	Description	Price
12961	Bed Rails	Universal Pivot Assist Bar, 1pr	\$97.50
1308	Facial Tissue	Universal Pivot Assist Bar, 1pr	\$0.78
4622	Sharps Containers	Sharps Containers, 1qt.	\$1.73
7110	Stethoscopes	Single Head Stethoscope	\$2.37

INCONTINENCE

Product Number	Product	Description	Price
UP-150	Disposable	Underpad 23"x36" (25EA/BG)	\$5.13
1093	Disposable	Underpad 36"x36" (10EA/BG)	\$1.71
PV-811	Men	Male Guards (126EA/CS)	\$27.30
PFM-512	Men	Per Fit for Men Underwear Medium (20EA/BG)	\$7.70
PFM-513	Men	Per Fit Male Underwear Large (18EA/BG)	\$7.70
PFM-514	Men	Per Fit Male Underwear XL (14EA/BG)	\$7.70
PV-517	Unisex	Prevail Underwear XXL (12EA/BG)	\$7.70
PV-011	Unisex	Prevail Brief S (16EA/BG)	\$5.37
CRB-012	Unisex	Procure Brief M (16EA/BG)	\$5.02
CRB-014	Unisex	Procure Brief XL (15EA/BG)	\$7.53
PF-012	Unisex Briefs	Per Fit Brief M (20EA/BG)	\$8.58
CRB-013	Unisex Briefs	Procure Brief L (18EA/BG)	\$7.53
PV-017	Unisex Briefs	Prevail Brief 2XL (12EA/BG)	\$8.75

INTONTINENCE

Product Number	Product	Description	Price
PV-512	Unisex Underwear	Prevail Underwear M (20EA/BG)	\$9.63
PV-513	Unisex Underwear	Prevail Underwear L (18Ea/BG)	\$9.63
PV-514	Men	Prevail Underwear XL (14EA/BG)	\$9.63
PV-923	Women	Womens Incontinence Pad (14EA/BG)	\$36.40
PFW-512	Women	Womens Medium Pull Ups (20EA/BG)	\$7.70
PFW-513	Women	Womens Large Pull Ups (18EA/BG)	\$7.70
PFW-514	Women	Womens Xlagre Pull Ups (14EA/BG)	\$7.70

Selecting the Size

Selecting the right size is critical for containment.

Bladder Control Pads and Liner Sizing

One size fits all.

Briefs, Protective Underwear and Knit Pant Sizing

For briefs, underwear and pants, measure the hips or waist (select the larger of the two) as follows:

Easy Product Sizing

Step 1	Step 2	Step 3
<p>Measure the largest area from hip bone to hip bone and over the abdomen.</p> <p><i>Example: Hip bone to hip bone = 19 inches (48.3 cm)</i></p>	<p>Double the measurement in Step 1 and add 2 inches.</p> <p><i>Example: 19 inches (48.3 cm)</i></p> <p><i>38 inches (96.5 cm) + 2 inches (5 cm)</i></p> <p><i>= 40 inches (102 cm)</i></p>	<p>Using this number, select the product size from the chart below.</p> <p>40 inches (102 cm) = Medium</p>

Brief Size Selection

Small = 20–33" (51–81 cm)

Medium = 32–44" (81–112 cm)

Large = 44–56" (112–142 cm)

X-Large = 56–64" (142–163)

XX-Large = 60–70" (152–178)

Protective Underwear Size Selection

Small = 20–32" (51–81 cm)

Medium = 28–40" (71–102 cm)

Large = 40–56" (102–142 cm)

X-Large = 56–68" (142–173)

XX-Large = 68–80" (173–203)

Product Number	Product	Description	Price
1135	Pain Relief Creams	DynaRub Cream, 3 oz	\$2.34
1442	Pain Relief Gels	X-Treme Freeze 4oz. Tube	\$4.88
1408	Pain Relief Ointments	Sting & Bite Pad (1000EA/BX)	\$14.73
1451	Pain Relief Patches	Cold/Hot Medicated Patches, Arm/Neck - 8 x 12cm, 5pc/bag	\$2.34
1454	Pain Relief Patches	Lidocaine Pain Relief Gel-Patch 10cmx14cm - 4%, 10cm x 14cm (5BG/BX)	\$8.45
1407	Pain Relief Pen	Medicaine Insect Bite (Ampule), 6cc	\$0.40

Product Number	Product	Description	Price
10135	Canes	T-Handle Folding Cane, Adult, 1pc/bag	\$11.05
10138	Canes	Bariatric Quad Cane - Large Base, Bariatric, 1pc/bag	\$24.70
10322	Chairs & Benches	Shower Chair with Removable Back and Arms, White, 1pc/box	\$46.80
10326	Chairs & Benches	Tub Transfer Bench, Gray, 1pc/box	\$67.60
10322	Chairs & Benches	Shower Chair with Removable Back and Arms, White, 1pc/box	\$46.80
10321	Chairs & Benches	Bariatric Shower Chair with Back, White, 1pc/box	\$48.10
10322	Chairs & Benches	Shower Chair with Removable Back and Arms, White, 1pc/box	\$46.80
10325	Chairs & Benches	Bariatric Shower Chair without Back, White, 1pc/box	\$46.80
10322	Chairs & Benches	Shower Chair with Removable Back and Arms, White, 1pc/box	\$46.80
10373	Commodes	Elongated Folding Bedside Commode, Steel, 1pc/box	\$52.00
13020	Fall Mats	Bedside Bi-Fold Foam Floor Mat, 24" x 66" x 2", 1pc/box	\$50.70
10342	Grab Bars	Tub Rail - Adjustable Height Clamp-On, White, 1pc/box	\$37.70
10303	Grab Bars	Chrome Knurled Grab Bar - 24inch, Chrome, 1pc/box	\$15.60
10300	Grab Bars	Chrome Knurled Grab Bar - 12inch, Chrome, 1pc/box	\$12.35
10201RD	Rollators	DynaGo Quad 6 - Aluminum Rollator-Red, Red, 1pc/cs	\$75.40
10352	Toilet Rails	Toilet Safety Rail - Adjustable Height, Silver, 1pc/box	\$39.00
10360	Toilet Seat	Raised Toilet Seat with Arms, White, 1pcs/box	\$40.30
10162	Walkers	Adult Two Button Folding Walker with 5inch Wheels, (32.5"-39.5"), 1pc/bag	\$31.20

PERSONAL CARE

Product Number	Product	Description	Price
1318	Bathing Wipes	Premoistened Adult Washcloths, 9" x 13" - Tub (64EA/PK)	\$3.75
4885	Comb / Brush	Adult Combs, 7" black (20EA/PK)	\$1.20
3170	Cotton Balls	Cotton Ball, M (2000EA)	\$9.43
4301	Cotton Swabs	Cotton Tipped Wood Applicators Non-sterile, 3", 10/10/100/Cs	\$46.80
1398	Dandruff Shampoo	Dandruff Shampoo, 12oz	\$4.99
1409	Conditioner	Lice Conditioner, 4oz	\$4.00
DKLHC08	Conditioner	Dawnmist Hair Conditioner, 8oz	\$4.12
TWU74202H	Conditioner	Cantu Conditioner	\$8.00
4865	Denture Adhesives	Denture Adhesive, 2 oz tube	\$1.72
4860	Denture Brush	Denture Brush (24EA/BX)	\$8.70
4877	Denture Cleansers	Denture Tablets, 1 tablet per packet (40TAB/BX)	\$1.41
4222	Denture Containers	Denture cup w/lid	\$0.18
1316	Dry Wipes	Personal Care Washcloth, 12" x 13" (50EA/PK)	\$3.75
10326	Foot Powders	Antifungal Powder, 3oz	\$67.60
1429	Hand Sanitizer Gels	Hand Sanitizer, 4 oz - round bottle	\$1.02
1431	Hand Sanitizer Rubs	Hand Sanitizer, 8 oz - round bottle	\$1.35
1306	Hand Sanitizer Wipes	Hand Sanitizer Wipes, 5.9" x 7.5" (135EA/Cannister)	\$5.20
1438	Liquid Soaps	Antibacterial Soap, 7.5 oz Pump	\$0.87
1391	Lotions & Moisturizers	DynaSilk with Aloe, 8 oz	\$0.84

Product Number	Product	Description	Price
1390	Lotions & Moisturizers	DynaSilk with Aloe, 4 oz, 96/Cs	\$1.89
1195	Lotions & Moisturizers	DynaShield Skin Protectant Barrier Cream, 4 oz tube, 24/Cs	\$0.60
1157	Lotions & Moisturizers	Vitamins A&D Ointment, 15 oz jar	\$2.69
1275	Lotions & Moisturizers	CalaSoothe Skin Protectant, 4 oz tube	\$4.68
1199	Lotions & Moisturizers	Dynashield w/Dimethicone Skin Protectant Barrier Cream, 4oz tube	\$2.21
1473	Lotions & Moisturizers	D-Cerin, 3,75oz tube	\$1.73
1391	Lotions & Moisturizers	AquaGard, 3,75oz tube	\$2.93
PGC80200	Manual Toothbrushes	Oral B Toothbrush	\$3.70
PFI42375	Mouthwash	Listerine Cool Mint 1L Bottle	\$12.32
4848	Mouthwash	Mouthwash - Mint Flavored, 4 oz	\$1.25
4847	Roll-On Deodorants	Roll-on Deodorant, 1.5 fl oz	\$1.00
1386	Shampoo & Body Wash	Moisturizing Shampoo and Body Wash, 8 oz	\$2.00
DVOCB123410	Shampoo & Body Wash	Dove Deep Moisture Body Wash 11oz	\$9.70
4873	Toothpastes	Toothpaste, 2.75 oz tube	\$0.37
1319	Wet Wipes	Premoistened Adult Washcloths, 9" x 13" - soft pack refills, (64EA/PK)	\$3.75
1320	Wet Wipes	Premoistened Adult Washcloths, 8" x 12" - soft pack refills (50EA/PK)	\$3.00
1322	Wet Wipes	Flushable Wipes (Adult) flow pack, 9x13 (24EA/PK)	\$0.60
1324	Wet Wipes	Flushable Wipes (Junior) flow pack, 5x8, (42EA/PK)	\$2.75
1191	Zinc Oxide	Zinc Oxide Ointment, 2 oz tube	\$1.03

PHYSICAL THERAPY

Product Number	Product	Description	Price
10502	Exerciser Pedals	Digital Pedal Exerciser, 1pc/cs	\$29.90
4505	Hot & Cold Packs	Reusable Hot / Cold Gel Packs, 5" X 11"	\$0.98

PROTECTION WEAR

Product Number	Product	Description	Price
2208	Face Masks	Isolation Mask with Ear Loop, Yellow (50EA/BX)	\$3.47
2188	Non-Skid Socks	One Side Universal Slipper Sock, Red 5 pair	\$10.00
2192	Non-Skid Socks	Double Sided Slipper Socks, Large, Dark Blue 5 pair	\$10.00
2191	Non-Skid Socks	Double Sided Slipper Socks, Medium, Green 5 pair	\$10.00
2190	Non-Skid Socks	Double Sided Slipper Socks, Small, Red 5 pair	\$10.00



pphealthplan.com